



2024 Edition

SCOUTMASTER BUCKY

Skating Merit Badge – Skateboarding Option

SCOUTS PARTICIPATING IN A SCOUTMASTER BUCKY MERIT BADGE OPPORTUNITY (ONLINE OR IN PERSON), PLEASE CONSIDER ALSO USING THE SKATING MERIT BADGE CLASS PREPARATION PAGE FOR CLARIFICATIONS, INSIGHTS, AND EXPECTATIONS.

<https://scoutmasterbucky.com/merit-badges/skating/skating-cpp.pdf>

SKATING MERIT BADGE WORKBOOK SKATEBOARDING OPTION

REQUIREMENT 1a: Explain to your counselor the most likely hazards associated with skating and what you should do to anticipate, help prevent, mitigate, and respond to these hazards.

HAZARD #1

Description:

Anticipate:

Help Prevent:

Mitigate:

Respond:



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HAZARD #2

Description:

Anticipate:

Help Prevent:

Mitigate:

Respond:



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HAZARD #3

Description:

Anticipate:

Help Prevent:

Mitigate:

Respond:



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HAZARD #4

Description:

Anticipate:

Help Prevent:

Mitigate:

Respond:



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HAZARD #5

Description:

Anticipate:

Help Prevent:

Mitigate:

Respond:



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REQUIREMENT 1b: Show that you know first aid for injuries or illnesses that could occur while skating, including concussions, hypothermia, frostbite, lacerations, abrasions, fractures, sprains and strains, blisters, heat-related reactions, and shock.

Note that this requirement component requires Scouts to SHOW their knowledge

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Concussions:

Hypothermia:

Frostbite:



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Lacerations:

Abrasions:

Fractures:

Sprains and Strains:



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Blisters:

Heat-Related Reactions:

Shock:

THE FOLLOWING SECTION, AND THIS WORKBOOK IS SPECIFICALLY FOR THE
SKATEBOARDING OPTION OF THE SKATING MERIT BADGE

IF THIS IS NOT YOUR SELECTED OPTION, PLEASE GO BACK AND FIND THE CORRECT SKATING OPTION YOU WISH TO WORK ON.



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PLEASE NOTE THAT THERE ARE SKILL-BASED PARTS TO THIS OPTION

THE CLASS IS NOT AN INSTRUCTIONAL CLASS – WHILE SOME COACHING MAY BE ABLE TO BE PASSED ON, SCOUTS NOT HAVING SOME PREVIOUS SUCCESS PERFORMING THESE SKILLS WILL FIND IT DIFFICULT, IF NOT IMPOSSIBLE, TO COMPLETE AS A PART OF THE CLASS

SKILL-BASED WILL DENOTE SKILL-BASED REQUIREMENT COMPONENT PARTS FOR THIS OPTION

REQUIREMENT 2: Working under the supervision of an experienced adult, complete ALL of the requirements the **SKATEBOARDING** option.

REQUIREMENT 2a1: Explain the history and evolution of skateboarding

Notes:

REQUIREMENT 2a2: Explain the benefits of skateboarding (physical fitness, balance, coordination, perseverance, and creativity)

Notes:



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REQUIREMENT 2a3 Explain the purpose of skateboarding safety and protective gear (helmets, knee pads, elbow pads, wrist guards)

Notes:

REQUIREMENT 2b1: Explain to your counselor the rules and regulations of skateparks

Notes:



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REQUIREMENT 2b2: Explain to your counselor your understanding of skatepark zones (street, bowl, and ramp)

Notes:

REQUIREMENT 2b3: Explain to your counselor right-of-way and respect for others

Notes:



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REQUIREMENT 2b4: Explain to your counselor communication signals and warnings

Notes:

REQUIREMENT 2c1: Explain skateboard anatomy (deck, trucks, wheels, bearings).

Notes:



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REQUIREMENT 2c2: Build a board by assembling all pieces (deck, wheels, trucks, bearing, and grip tape) in the proper order.

While the instructor / counselor will have some tools, it is the responsibility of the Scout to bring the necessary equipment and tools in order to complete this requirement component with the instructor / counselor during the class.

This requirement must be reviewed with your merit badge counselor.

BE PREPARED!

Notes:

REQUIREMENT 2c3: Explain skateboard maintenance (cleaning, tightening bolts, and replacing parts).

Notes:



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SKILL-BASED REQUIREMENT 2d1:	Demonstrate the following skateboarding skill: Stance and foot placement (regular and goofy)
SKILL-BASED REQUIREMENT 2d2:	Demonstrate the following skateboarding skill: Pushing and Balance
SKILL-BASED REQUIREMENT 2d3:	Demonstrate the following skateboarding skill: Turning and Carving
SKILL-BASED REQUIREMENT 2d4:	Demonstrate the following skateboarding skill: Braking and Stopping techniques
SKILL-BASED REQUIREMENT 2d5:	Demonstrate the following skateboarding skill: Ollies (basic and variations)
SKILL-BASED REQUIREMENT 2e:	Demonstrate a total of three skateboarding tricks from the following types: <ol style="list-style-type: none"> 1. Flatland tricks 2. Flip and shove-it-tricks 3. Grind and slide tricks 4. Air, grab, bowl and ramp tricks 5. Footplant tricks 6. Balance tricks

