



2024 Edition

# SCOUTMASTER BUCKY

## First Aid Merit Badge

SCOUTS PARTICIPATING IN A SCOUTMASTER BUCKY MERIT BADGE OPPORTUNITY (ONLINE OR IN PERSON), PLEASE CONSIDER ALSO USING THE FIRST AID MERIT BADGE CLASS PREPARATION PAGE FOR CLARIFICATIONS, INSIGHTS, AND EXPECTATIONS.

<https://scoutmasterbucky.com/merit-badges/first-aid/first-aid-cpp.pdf>

### FIRST AID MERIT BADGE WORKBOOK

**REQUIREMENT 1:** Demonstrate to your counselor that you have current knowledge of all first-aid requirements for Tenderfoot, Second Class, and First Class ranks.

Be sure to review the first aid requirements for the Tenderfoot, Second Class, and First Class ranks.

This requirement must be reviewed with your merit badge counselor.

**BE PREPARED!**

**REQUIREMENT 2a:** Explain how you would obtain emergency medical assistance from your home

Notes:

**REQUIREMENT 2b:** Explain how you would obtain emergency medical assistance from a remote location on a wilderness camping trip

Notes:



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**REQUIREMENT 3:** Define the term triage.

Notes:

**REQUIREMENT 3:** Explain the steps necessary to assess and handle a medical emergency until help arrives.

Notes:



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**REQUIREMENT 4:** Explain the precautions you must take to reduce the risk of transmitting an infection between you and the victim while administering first aid.

Notes:



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**REQUIREMENT 5a:** Prepare a first-aid kit for your home. Display and discuss its contents with your counselor.



Home first aid kits are usually used for treating minor traumatic injuries or illnesses. Consider the following conditions or situations when compiling your first aid kit and include items appropriately.

Burns, cuts, scrapes (abrasions), stings, splinters, sprains, strains, fever, nasal congestion, cough, sore throat, mild pain, gastrointestinal problems, skin irritations, allergies, and swelling

Don't forget to bring your home first aid kit to share with the merit badge counselor.

**This requirement must be reviewed with your merit badge counselor.**

**BE PREPARED!**

**REQUIREMENT 5b:** With an adult leader, inspect your troop's first-aid kit. Evaluate it for completeness. Report your findings to your counselor and Scout leader.

**Date and Location of Troop's First Aid Kit Evaluation:**

**Adult Leader that was present and work with you:**

\_\_\_\_\_  
Adult Leader's Name

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Adult Leader's Signature

\_\_\_\_\_  
Date

*Reviewed  
Troop's first  
aid kit*

**Notes:**



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**REQUIREMENT 6:** Describe the early signs and symptoms of each of the following and explain what actions you should take:

- Shock
- Heart attack
- Stroke.

SHOCK:

**Early Signs and Symptoms:**

**Explain What Actions Should be Taken:**

HEART ATTACK:

**Early Signs and Symptoms:**

**Explain What Actions Should be Taken:**

STROKE:

**Early Signs and Symptoms:**

**Explain What Actions Should be Taken:**



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**REQUIREMENT 7a:** Describe the conditions that must exist before performing CPR on a person.

Notes:

**REQUIREMENT 7b:** Demonstrate proper CPR technique using a training device approved by your counselor.

This requirement must be done and reviewed with your merit badge counselor.

**REQUIREMENT 7c:** Explain the use of an automated external defibrillator (AED).

Notes:

**REQUIREMENT 7d:** Demonstrate or simulate the proper use of an automated external defibrillator (AED), using an AED training device if available.

This requirement must be done and reviewed with your merit badge counselor.

**REQUIREMENT 7e:** Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.

School:

Place of Worship:

Troop Meeting Place:



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**REQUIREMENT 8a:** Show the steps that need to be taken for someone who has a large open wound or cut that is not bleeding severely.

This requirement must be done and reviewed with your merit badge counselor.

Notes:

**REQUIREMENT 8b:** Show the steps that need to be taken for someone who has a large open wound or cut that is severely bleeding.

This requirement must be done and reviewed with your merit badge counselor.

Notes:



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**REQUIREMENT 8c:** Explain when it is appropriate and not appropriate to use a tourniquet. List some of the benefits and dangers of the use of a tourniquet.

Notes:

**REQUIREMENT 8d:** Demonstrate the application of a tourniquet without tightening it.

Notes:





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**REQUIREMENT 9:** Explain when an insect or bee sting could be life threatening and what action should be taken for prevention and for first aid.

Notes:

**REQUIREMENT 10:** Describe the signs, symptoms, and potential complications of a fracture and dislocation.

Notes:



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**REQUIREMENT 11:** Demonstrate the proper procedures for handling and immobilizing suspected closed or open fractures or dislocations of the:

- |            |              |              |
|------------|--------------|--------------|
| a. Finger  | c. Wrist     | e. Lower leg |
| b. Forearm | d. Upper leg | f. Ankle     |

This requirement must be done and reviewed with your merit badge counselor.

Notes:



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**REQUIREMENT 12:** Describe the signs, symptoms, and possible complications and demonstrate care for someone with a suspected injury to the neck or back.

Be sure to come prepared with a description as asked for in this requirement

The second part of this requirement must be done and reviewed with your merit badge counselor.

**Signs:**

**Symptoms:**

**Possible Complications:**

**Notes:**



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**REQUIREMENT 13:** Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions:

- |                                   |  |  |
|-----------------------------------|--|--|
| a. Concussion                     | f. Hypothermia                             | k. Muscle cramps                       |
| b. Anaphylaxis/allergic reactions | g. Frostbite                               | l. Heat exhaustion                     |
| c. Asthma attack                  | h. Burns - first, second, and third degree | m. Heat stroke                         |
| d. Bruises                        | i. Convulsions/seizures                    | n. Abdominal pain                      |
| e. Sprains or strains             | j. Dehydration                             | O. Broken, chipped, or loosened tooth. |

**CONCUSSION:**

**Symptoms:**

**Proper First Aid Procedures:**

**Possible Prevention Measure(s):**



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### ANAPHYLAXIS / ALLERGIC REACTIONS:

**Symptoms:**

**Proper First Aid Procedures:**

**Possible Prevention Measure(s):**



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ASTHMA ATTACK:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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## First Aid Merit Badge

**BRUISES:**

**Symptoms:**

**Proper First Aid Procedures:**

**Possible Prevention Measure(s):**



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**SPRAINS OR STRAINS:**

**Symptoms:**

**Proper First Aid Procedures:**

**Possible Prevention Measure(s):**





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## First Aid Merit Badge

**HYPOTHERMIA:**

**Symptoms:**

**Proper First Aid Procedures:**

**Possible Prevention Measure(s):**



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## First Aid Merit Badge

**FROSTBITE:**

**Symptoms:**

**Proper First Aid Procedures:**

**Possible Prevention Measure(s):**



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### BURNS – FIRST DEGREE:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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### BURNS – SECOND DEGREE:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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## First Aid Merit Badge

### BURNS – THIRD DEGREE:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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### CONVULSIONS / SEIZURES:

**Symptoms:**

**Proper First Aid Procedures:**

**Possible Prevention Measure(s):**



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DEHYDRATION:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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### MUSCLE CRAMPS:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):





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## First Aid Merit Badge

HEAT EXHAUSTION:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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## First Aid Merit Badge

HEAT STROKE:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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### ABDOMINAL PAIN:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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BROKEN, CHIPPED, OR LOOSENED TOOTH:

Symptoms:

Proper First Aid Procedures:

Possible Prevention Measure(s):



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**REQUIREMENT 14a:** Describe the conditions under which an injured person should be moved.

Notes:

**REQUIREMENT 14b:** If a sick or an injured person must be moved, tell how you would determine the best method. Demonstrate this method.

Be sure to come prepared with how you will answer the first part of this requirement component

The second part of this requirement component must be done and reviewed with your merit badge counselor.

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**REQUIREMENT 14c:** With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.

This requirement must be done and reviewed with your merit badge counselor.

**REQUIREMENT 15a:** Describe the indications that someone might be a danger to themselves or others.

Notes:

**REQUIREMENT 15b:** Describe what action you should take if you suspect that someone might be a danger to themselves or others.

Notes:

**REQUIREMENT 16:** Teach another Scout a first-aid skill selected by your counselor.

Notes: