



2024 Edition

# SCOUTMASTER BUCKY

## Energy Merit Badge

SCOUTS PARTICIPATING IN A SCOUTMASTER BUCKY MERIT BADGE OPPORTUNITY (ONLINE OR IN PERSON), PLEASE CONSIDER ALSO USING THE ENERGY MERIT BADGE CLASS PREPARATION PAGE FOR CLARIFICATIONS, INSIGHTS, AND EXPECTATIONS.

<https://scoutmasterbucky.com/merit-badges/energy/energy-cpp.pdf>

### ENERGY MERIT BADGE WORKBOOK

**REQUIREMENT 1a:** With your parent's permission, use the internet to find a blog, podcast, website, or an article on the use or conservation of energy. Discuss with your counselor what details in the article were interesting to you, the questions it raises, and what ideas it addresses that you do not understand.

\_\_\_\_\_  
Parent's Name

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

*permission*

**Notes:**



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**REQUIREMENT 1b:** After you have completed requirements 2 through 8, revisit your source for requirement 1a. Explain to your counselor what you have learned in completing the requirements that helps you better understand the article.

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**REQUIREMENT 2a:** Show you understand energy forms and conversions by explaining how THREE of the following devices use energy, and explain their energy conversions: toaster, greenhouse, lightbulb, bow drill, cell phone, nuclear reactor, sweat lodge .

### TOASTER

How it uses energy:

Energy Conversion:

### GREENHOUSE

How it uses energy:

Energy Conversion:



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### LIGHTBULB

How it uses energy:

Energy Conversion:

### BOW DRILL

How it uses energy:

Energy Conversion:



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### CELL PHONE

How it uses energy:

Energy Conversion:

### NUCLEAR REACTOR

How it uses energy:

Energy Conversion:



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### SWEAT LODGE

How it uses energy:

Energy Conversion:

**REQUIREMENT 2b:** Show you understand energy forms and conversions by constructing a system that makes at least two energy conversions and explain this to your counselor.

Don't forget to bring any work you have done in preparation to share with your merit badge counselor.

**This requirement will be reviewed with your merit badge counselor during the class.**

**BE PREPARED!**

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### REQUIREMENT 3:

Show you understand energy efficiency by explaining to your counselor a common example of a situation where energy moves through a system to produce a useful result.

- a. Identify the parts of the system that are affected by the energy movement.
- b. Name the system's primary source of energy.
- c. Identify the useful outcomes of the system.
- d. Identify the energy losses of the system

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### REQUIREMENT 4:

Conduct an energy audit of your home. Keep a 14-day log that records what you and your family did to reduce energy use. Include the following in your report and, after the 14-day period, discuss what you have learned with your counselor.

**Outlet and Switches**  
Air can escape from behind your outlets and light switches causing up to a 5% heat loss in your home. Add foam draft stoppers behind your outlets and switch covers to reduce heat loss through these areas.

**Lighting**  
Replace your old incandescent bulbs with energy efficient CFLs or LED bulbs.

**Programmable Thermostats**  
You can save 2% of your energy use per degree that you drop your thermostat. Program your thermostat 10° lower when you leave the house or while you are sleeping.

**Door Weatherstripping**  
If you see daylight coming from under your exterior doors you're losing heating and cooling. Install a threshold or use a door draft snake to block the air from escaping.

**Attic Ducts**  
You can lose up to 40% of your heating and cooling through improperly insulated ductwork. Insulate with special insulation with at least an R-6 rating. Use metal-foil-faced tape or mastic-based duct sealant.

**Windows**  
Insulate around your windows or install a window film insulating kit to prevent heat loss.

**Faucets**  
Washing a sink full of dishes with a standard 2.2 GPM (gallons per minute) faucet aerator can use about 20 gallons of water. By switching to a more efficient 1.5 GPM aerator you can reduce the amount of heated water used while rinsing dishes. Always use cold water whenever possible.

**Showerheads**  
Some showerheads use up to 50 gallons of hot water per 10 minute shower. Switching to a more efficient showerhead (2.5 GPM or less) can save you atleast half of the amount of energy required to heat the water used for your shower.

**Furnace Filter**  
Remember to change your furnace filter every 4-6 weeks during the colder seasons to keep your furnace running as clean and efficient as possible.



### Home Energy Breakdown

- **Heating** - 26% Energy used by your heating system.
- **Cooling** - 17% Energy used by your cooling system.
- **Water Heating** - 13% Energy used by your water heater for bathing, cleaning, etc.
- **Lighting** - 10% Energy used for lighting your home.
- **Appliances** - 14% Energy used for food storage, clothes washing and drying, cooking, etc.
- **Electronics** - 7% Energy used for home entertainment systems, computers, etc.
- **Other** - 13% Energy used for pool pumps, motors, and other miscellaneous devices.





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### THINGS TO CONSIDER WHEN DOING A HOME ENERGY AUDIT:

Check and adjust the temperature of your water heater to the warm setting (120-degrees Fahrenheit).

Start using energy-saving settings on refrigerators, dishwashers, washing machines, and clothes dryers.

Survey your incandescent lights for opportunities to replace them with compact fluorescents (CFL) or LEDs.

Check the age and condition of your major appliances, especially the refrigerator.

Clean or replace furnace, air-conditioner, and heat-pump filters.

If you have a waterbed, make your bed today. The covers will insulate it, and save up to one-third of the energy it uses.

Evaluate / Replace low-flow showerheads, faucet aerators, as needed.

Evaluate age of water heater, If old enough that its insulation is fiberglass instead of foam, it clearly will benefit from a water heater blanket.

Assess your heating and cooling systems. Determine if replacements are justified, or whether you should retrofit them to make them work more efficiently—to provide the same comfort (or better) for less energy.

Purchase a power use monitor to learn how you use energy in your home and identify opportunities for saving

Collect your utility bills. Separate electricity and fuel bills. Target the biggest bill for energy conservation remedies.

Insulate hot water pipes and ducts whenever they run through unheated areas.

Seal up the largest air leaks in your house—the ones that whistle on windy days, or feel drafty. The worst culprits are usually not windows and doors, but utility cut-throughs for pipes ("plumbing penetrations"), gaps around chimneys and recessed lights in insulated ceilings, and unfinished spaces behind cupboards and closets,

At night and whenever you leave your home, adjust your thermostat to save heating energy in the winter and cooling energy in the summer. Some people find it easier to install a programmable thermostat.

Schedule a home energy assessment (ask your utility company or state energy office) for more expert advice on your home as a whole.

Insulate. Check your attic or crawlspace and inspect for proper and sufficient amount of insulation. If your walls aren't insulated, have an insulation contractor blow cellulose into the walls.

Upgrade leaky windows. It may be time to replace them with energy-efficient models or to boost their efficiency with weather-stripping / storm windows / rope caulking

Reduce air conditioning costs by planting shade trees / shrubs — especially on the west side of your house











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### Home Energy Audit Log

DAY 5

Energy Type

What was done










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## Energy Merit Badge

### Home Energy Audit Log

DAY 8

Energy Type

What was done
















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**DO ONE OF THE FOLLOWING FOR REQUIREMENT 4A (THERE ARE TWO PARTS TO CHOOSE FROM)**

**OPTION 1**  
**REQUIREMENT 4a:** List the types of energy used in your home such as electricity, wood, oil, liquid petroleum, and natural gas, and tell how each is delivered and measured, and the current cost

**ENERGY TYPE #1**

**Energy Type:**

**How Delivered:**

**How Measured:**

**Current Cost:**

**ENERGY TYPE #2**

**Energy Type:**

**How Delivered:**

**How Measured:**

**Current Cost:**





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## Energy Merit Badge

### ENERGY TYPE #3

Energy Type:

How Delivered:

How Measured:

Current Cost:

### ENERGY TYPE #4

Energy Type:

How Delivered:

How Measured:

Current Cost:



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## Energy Merit Badge

### ENERGY TYPE #5

Energy Type:

How Delivered:

How Measured:

Current Cost:

### ENERGY TYPE #6

Energy Type:

How Delivered:

How Measured:

Current Cost:





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**REQUIREMENT 4b:** Describe ways you and your family can use energy resources more wisely. In preparing your discussion, consider the energy required for the things you do and use on a daily basis (cooking, showering, using lights, driving, watching TV, using the computer).

Notes:

**REQUIREMENT 4b:** Explain what is meant by sustainable energy sources.

Notes:

**REQUIREMENT 4b:** Explain how you can change your energy use through reuse and recycling.

Notes:



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**REQUIREMENT 5:** In a notebook, identify and describe five examples of energy waste in your school or community. Suggest in each case possible ways to reduce this waste. Describe the idea of trade-offs in energy use.

**REQUIREMENT 5a:** Explain how the changes you suggest would lower costs, reduce pollution, or otherwise improve your community.

**REQUIREMENT 5b:** Explain what changes to routines, habits, or convenience are necessary to reduce energy waste. Tell why people might resist the changes you suggest.

Don't forget to bring your work to share with your merit badge counselor.

**This requirement must be reviewed with your merit badge counselor.**

**BE PREPARED!**

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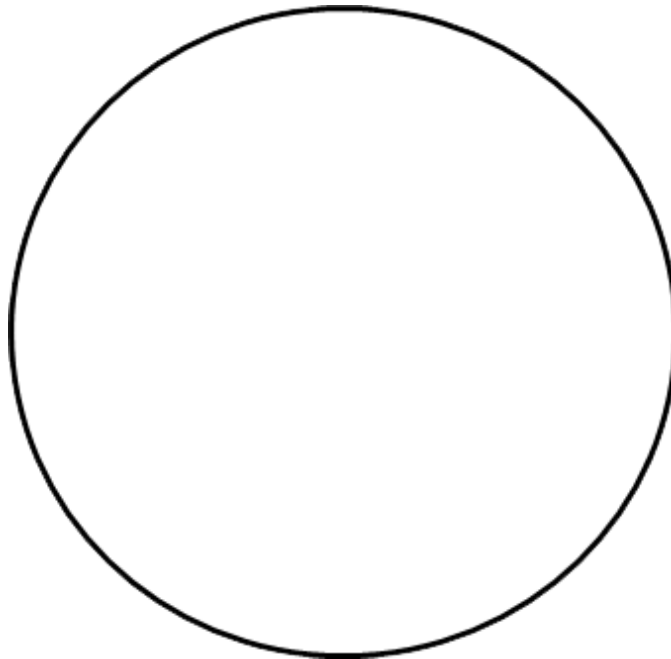
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**REQUIREMENT 6:** Prepare pie charts showing the following information, and explain to your counselor the important ideas each chart reveals. Tell where you got your information.

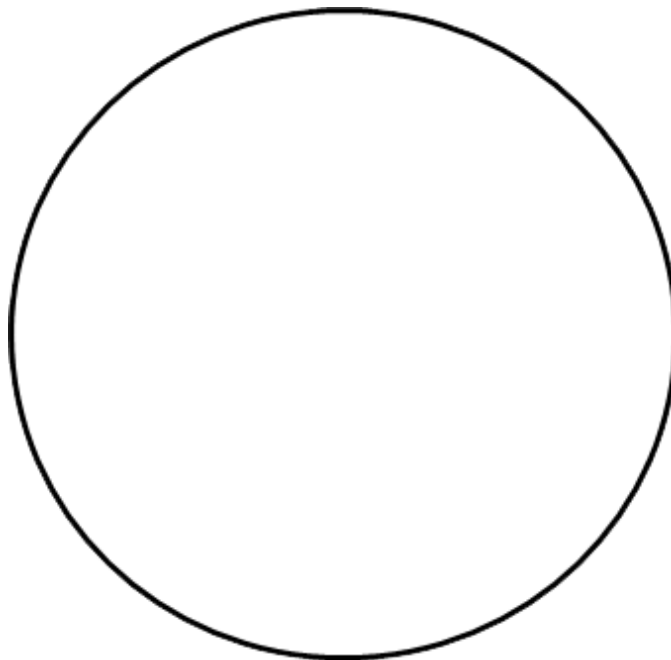
**6A. THE ENERGY RESOURCES THAT SUPPLY THE UNITED STATES WITH MOST OF ITS ENERGY**

Sources:



**6B. THE SHARE OF ENERGY RESOURCES USED BY THE UNITED STATES THAT COMES FROM OTHER COUNTRIES**

Sources:





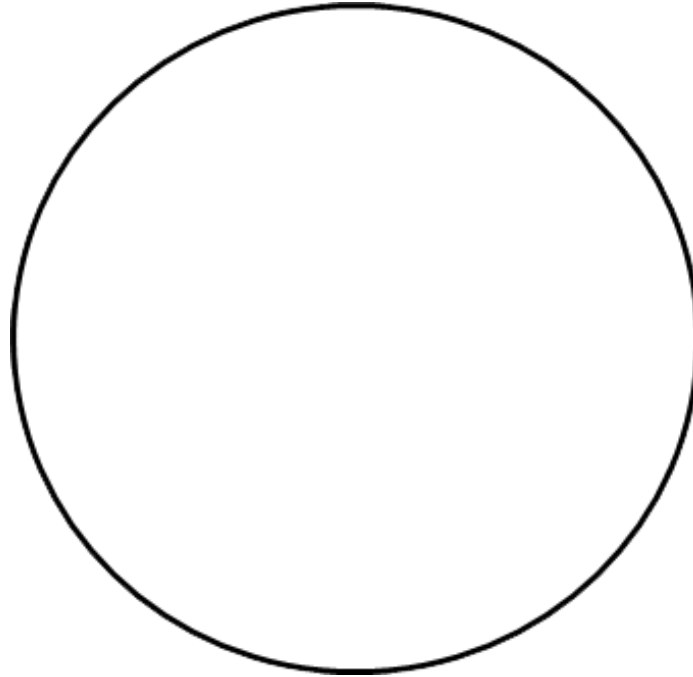
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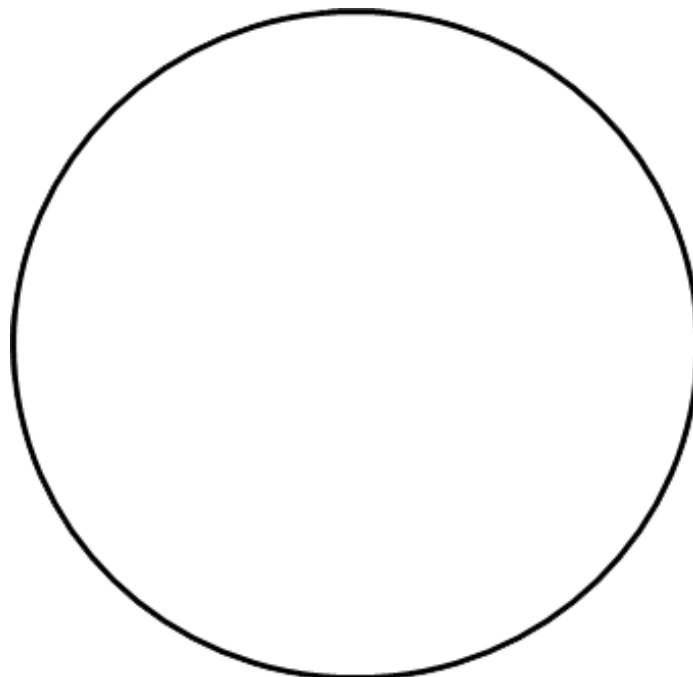
### 6C. THE PROPORTION OF ENERGY RESOURCES USED BY HOMES, BUSINESSES, INDUSTRY, AND TRANSPORTATION

Sources:



### 6D. THE FUELS USED TO GENERATE AMERICA'S ELECTRICITY

Sources:





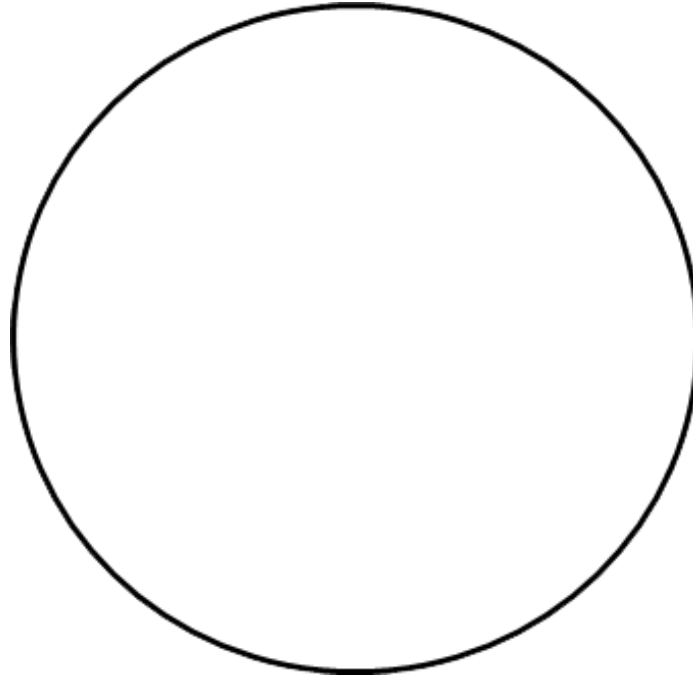
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### 6E. THE WORLD'S KNOWN AND ESTIMATED PRIMARY ENERGY RESOURCE RESERVES

Sources:



**REQUIREMENT 6:** Explain how cost affects the use of a nonrenewable energy resource and makes alternatives practical.

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**REQUIREMENT 7:** Tell what is being done to make FIVE of the following energy systems produce more usable energy. In your explanation, describe the technology, cost, environmental impacts, and safety concerns.

### BIOMASS DIGESTERS OR WASTE-TO-ENERGY PLANTS

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:



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### COGENERATION PLANTS

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:



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### FOSSIL FUEL POWER PLANTS

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:



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### FUEL CELLS

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:



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## Energy Merit Badge

### GEOHERMAL POWER PLANTS

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:



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## Energy Merit Badge

### NUCLEAR POWER PLANTS

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:



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## Energy Merit Badge

### SOLAR POWER SYSTEMS

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:



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### TIDAL ENERGY, WAVE ENERGY, OR OCEAN THERMAL ENERGY CONVERSION DEVICES

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:





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### WIND TURBINES

Technology / Technologies:

Cost(s):

Environmental Impacts:

Safety Concerns:



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**REQUIREMENT 8:** Find out what opportunities are available for a career in energy.

List as many energy-related careers as you can:

**REQUIREMENT 8:** Choose one position that interests you and describe the education and training required.

**Selected Career Opportunity:**

**Educational Requirements:**

**Training Requirements:**