



FIRST AID MERIT BADGE WORKBOOK

This Scoutmaster Bucky Merit Badge Workbook is based off the 2020 Scouts BSA Requirements.

Consider also using the First Aid merit badge class preparation page for clarification and expectations when participating in a Scoutmaster Bucky merit badge opportunity (online or in-person).

<https://scoutmasterbucky.com/merit-badges/first-aid/>

Scout's Name:

REQUIREMENT 1: Demonstrate to your counselor that you have current knowledge of all first-aid requirements for Tenderfoot, Second Class, and First Class ranks.

REQUIREMENT 2: Explain how you would obtain emergency medical assistance from:

REQUIREMENT 2A: Your home



REQUIREMENT 2B: A remote location on a wilderness camping trip

REQUIREMENT 2C: An activity on open water

REQUIREMENT 3: Define the term triage. Explain the steps necessary to assess and handle a medical emergency until help arrives.

REQUIREMENT 4: Explain the universal precautions as applied to the transmission of infections. Discuss the ways you should protect yourself and the victim while administering first aid.



REQUIREMENT 5: Do the following:

REQUIREMENT 5A: Prepare a first-aid kit for your home. Display and discuss its contents with your counselor.

REQUIREMENT 5B: With an adult leader, inspect your troop's first-aid kit. Evaluate it for completeness. Report your findings to your counselor and Scout leader.

REQUIREMENT 6: Describe the early signs and symptoms of each of the following and explain what actions you should take:



REQUIREMENT 6A: Shock

REQUIREMENT 6B: Heart attack

REQUIREMENT 6C: Stroke

REQUIREMENT 7: Do the following:



REQUIREMENT 7A: Describe the conditions that must exist before performing CPR on a person. Then demonstrate proper CPR technique using a training device approved by your counselor.

REQUIREMENT 7B: Explain the use of an automated external defibrillator (AED). Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.

REQUIREMENT 8: Do the following:

REQUIREMENT 8A: Show the steps that need to be taken for someone who has a large open wound or cut that is not bleeding severely.



REQUIREMENT 8B: Show the steps that need to be taken for someone who has a large open wound or cut that is severely bleeding.

REQUIREMENT 8C: Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.

REQUIREMENT 9: Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.

REQUIREMENT 10: Describe the signs and symptoms and demonstrate the proper procedures for handling and immobilizing suspected closed and open fractures or dislocations of the



REQUIREMENT 10A: Forearm

REQUIREMENT 10B: Wrist

REQUIREMENT 10C: Upper leg

REQUIREMENT 10D: Lower leg



REQUIREMENT 10E: Ankle

REQUIREMENT 11: Describe the signs, symptoms, and possible complications and demonstrate care for someone with a suspected injury to the head, neck, or back.

REQUIREMENT 12: Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions:

REQUIREMENT 12A: Anaphylaxis/allergic reactions



REQUIREMENT 12B: Bruises

REQUIREMENT 12C: Sprains or strains

REQUIREMENT 12D: Hypothermia

REQUIREMENT 12E: Frostbite



REQUIREMENT 12F: Burns – first, second, and third degree

REQUIREMENT 12G: Convulsions/seizures

REQUIREMENT 12H: Dehydration

REQUIREMENT 12I: Muscle cramps



REQUIREMENT 12J: Heat exhaustion

REQUIREMENT 12K: Heat stroke

REQUIREMENT 12L: Abdominal pain

REQUIREMENT 12M: Broken, chipped, or loosened tooth



REQUIREMENT 13: Do the following:

REQUIREMENT 13A: Describe the conditions under which an injured person should be moved.

REQUIREMENT 13B: If a sick or an injured person must be moved, tell how you would determine the best method. Demonstrate this method.

REQUIREMENT 13C: With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.



REQUIREMENT 14: Teach another Scout a first-aid skill selected by your counselor.